

2015 Annual Report



WOMEN'S REHABILITATION CENTER (WOREC)

Who We Are?

Women's Rehabilitation Center (WOREC) is a national non-governmental organization working for the women's rights and social justice for more than two decades in Nepal. Established in 1991, WOREC is one of the leading national organizations that works to prevent violence against women, its causes and consequences, and to ensure economic, social and cultural well-being of women as well as other marginalized groups by promoting their access to rights and social justice.

In the last 25 years WOREC has been successful to establish survivors-led and women-led organizations and to form strong networks that place it to play the role of catalyst to change different national policies. WOREC has been working in partnership with community based organization (CBOs), Women Human Right Defenders (WHRDs), local government organizations and non-governmental organizations, forming national and international networks, alliances and generating dialogue on the topic of socio-economic, political, cultural, and human rights. WOREC supports right based approach formulating national policies for the protection and promotion of human rights and social justice.

Vision: We envision a society based on social justice that guarantees women's rights.

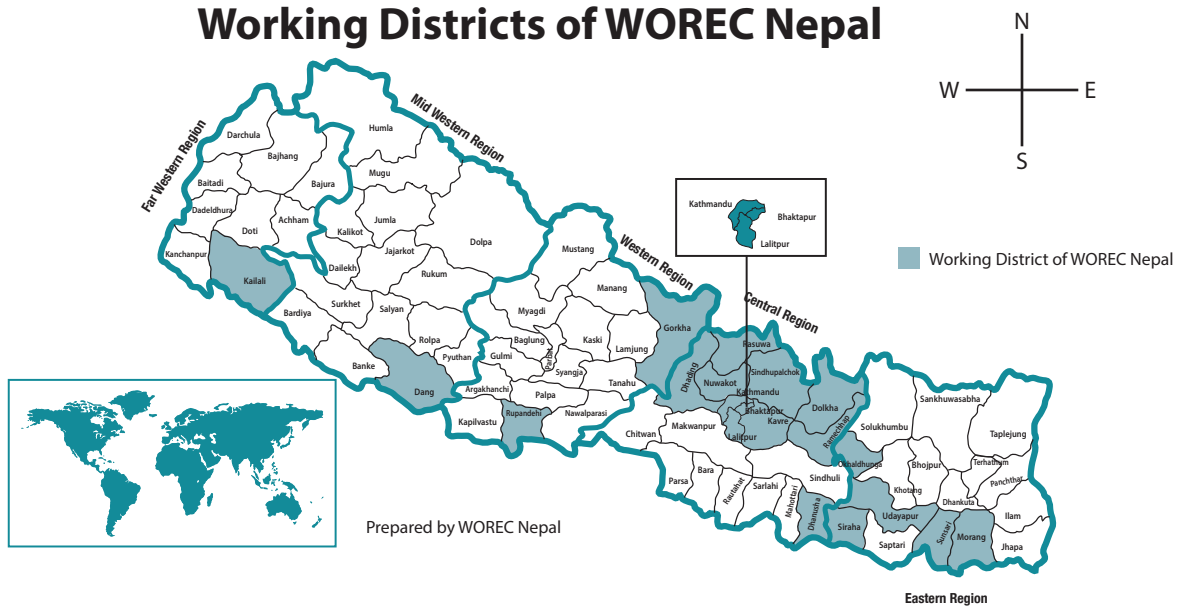
Mission: To realize our vision, we will continue to campaign for the promotion of human rights and sustainable community development based on social justice.

Goal: Following the professional practice and norms, we divide our work progress and state to-be-achieved under our strategic dimensions. For the year 2015, we aimed to reach the following goal:

"Our goal is to minimize violence against women through women's empowerment ensuring economic, social and cultural rights."

Institutional Landscape

We have been working in 13 different districts of Nepal- Morang, Sunsari, Jhapa, Udayapur, Siraha, Dhanusha, Rupandehi, Salyan, Dang, Kailali, Kathmandu, Lalitpur, Bhaktapur. However, through case documentation, different programs and campaigns WOREC reaches to all 75 districts. After the devastating earthquake on 12 April 2015, WOREC stretched to 12 other district declared as "most EQ affected districts" by government of Nepal i.e. Rasuwa, Okhaldhunga, Dolakha, Ramechhap, Kathmandu, Nuwakot, Kavrepalanchowk, Gorkha, Dhading, Sindhupalchowk, Lalitpur, and Bhaktapur. The following figure shows our institutional landscape.



Our Campaigns

Broadly, WOREC advocates two major campaigns- Violence against Women (VAW) campaign and Economic, Social and Cultural Rights (ESCR) campaign. The VAW campaign includes: campaign against-human trafficking, women empowerment campaign and women human right defenders campaign, while the ESCR campaign covers the right to food and sustainable livelihoods, right to health and safe migration campaigns. As a cross-cutting of these both campaigns WOREC conducts Human Rights and Justice Campaign. These campaigns are strongly inter-linked. After the disastrous earthquake of 25th April 2015, WOREC launched a campaign called "Sneha Campaign" meaning "Campaign of compassion" to reach the women and girls in need.



(I) Violence against Women

Living a life free from violence is human rights. Despite the various efforts from different corners, women and girls are continuously suffering different forms of violence in family, neighbor, society, and in nation. Women and girls are sexually abused, harassed, physically assaulted, raped, denied of resources, opportunity, services, murdered with impunity. Patriarchal social structure feeds off and reinforces VAW in our society. These multiform of VAWs restrict women's right to dignity, right to control over body, right to mobility, right to access to resources and ultimately right to life leading their vulnerability to violence and making it difficult for women and girls to access justice.

Under VAW campaign, WOREC conducts various activities and programs to facilitate and promote in creating environment to put an end to the different forms of

violence against women by empowering them and holding government more responsible and accountable to women from grass root to national level. Main pillars of VAW campaigns are women's right, social justice, capacity building programs, advocacy, anti-dowry and facilitating income generating opportunities through training.

a) Women Empowerment Program

"Women Empowerment Program" is one of the integral programs of WOREC. The objective of this program is to create an environment for women where they can feel independent, make decisions not only particularly to their personals but for society as well. That ultimately assists in claiming their basic human rights.

Women Empowerment Program focuses on the formation and capacity building of various groups and networks at local level. The groups and networks are formed both at ward level and VDC level

so that women collectively can confront and raise their voices against VAW and gender based discrimination. In 2015, five survivor's networks having 178 members have been formed in Kailali, Dang, Siraha, Dhanusha, and Morang districts to fight for the rights of the survivors. 13 women's cooperatives have been formed in Udayapur and Kailali districts. Similarly, 80 community based organizations have been formed in Udayapur, Dang, Siraha, Dhanusha, Morang and Sunsari districts having 1265 members. All together 1054 women groups are formed at ward level in Udayapur, Kailali, Dang, Siraha, Dhanusha, and Morang districts having a total 19839 members.

Capacity building and skill development training at district and VDC level are conducted regularly to strengthen community women and VAW survivors. WOREC has three training centers located in Udayapur, dang and Morang.

S.N	District	Ward level women group	No. of member	VDC level Women federation / CBOS	No of member	District level federation	No of member
1	Udayapur	298	4552	10	111	-	-
2	Morang	287	5252	29	552	1	11
3	Sunsari	179	4166	18	348	1	13
4	Dhanusha	122	2384	9		1	16
5	Siraha	40	1000	9	180	1	18
6	Dang	89	1510	5	74	1	120
7	Kailali	39	975	-	-	-	-
		1054	19839	80	1265	5	178

b) Women Human Rights Defenders

There are active groups of women human rights defenders in 75 districts. At present, there are more than 3500 women human rights defenders who are part of National Alliance of Women Right Defenders. Fact base advocacy for women human rights and human rights violation against women is the primary focus of WHRDs at local level to national level. Advocacy

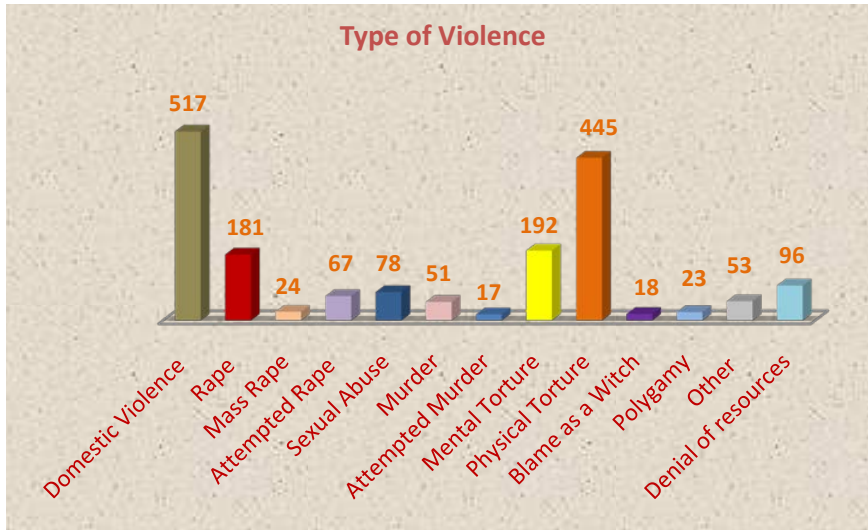
for justice, advocacy for law and policy reformation case documentation are the main aspects of WHRDs campaign. Along with this, documentation of the cases of sexual violence against WHRD members because of the perception of the patriarchal society towards the nature of their task is also documented. Evidence based advocacy for recognition of their work and insurance of their security.

With the coordination and of the cases of violence against women from all over Nepal. The data are reflected in an annual book "Anbeshi" highlighting the status of women and VAW in Nepal.

c) Anbeshi: Status and Dimensions of VAW in Nepal, Reality Revealed

WOREC Nepal emphasizes upon documenting and publishing an accurate and reliable statistics on violence against women which has been becoming an important, effective and instrumental to raise societal awareness on violence against women and pressurize government and other concern authorities to be accountable and act against all forms of violence for eradicating this phenomena.

In 2015, WOREC documented total 1762 cases of VAW from all over the country. The study reveals that domestic violence is the most prevalent forms of violence in society.



d) Safe Shelter Home

WOREC Nepal has established safe houses in six districts- Kathmandu, Dang, Udayapur, Dhanusha, Morang, and Kailali to provide shelter and all need-base supports to the VAW survivors. Safe

houses are established with a survivor-centered approach. The primary goal of the safe house is to ensure immediate safety, security, physical and emotional well-being as well as long term physical, legal and socio-economic security of

survivors. Beside these, during survivor's stay in safe house, educational, vocational and livelihood trainings are provided to empower them. Besides, counseling is also done to help them overcome and cope with trauma and prepare them for reintegration back to society. This is an instrumental in transforming VAW survivors to the agent of change maker from victimhood by overcoming the multiple consequences of violence and rebuilding their life better. Importantly, women's safety and confidentiality are ensured and maintained with regards to any services they receive throughout the time survivors stay in the safe house.

In 2015, total 318 women survivors of VAW and 78 children accompanied their mothers from different parts of Nepal were provided the safe shelter facilities. Besides physical protection and security, safe houses provide various emotional and psychosocial services which are very significant in supporting women to regain control over their lives. Following chart

shows the details of services provided from safe houses:

e) Sixteen days of Activism Celebration

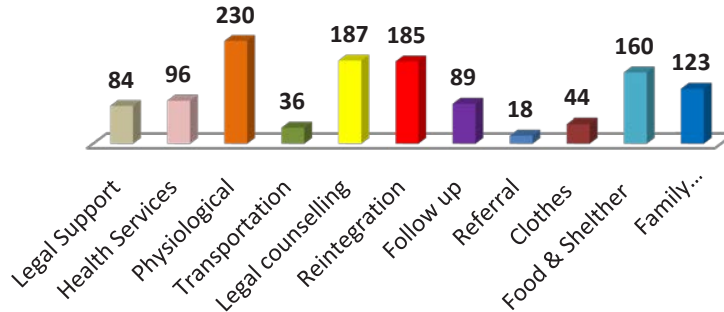
Various activities were organized to mark the sixteen days of activism from 25th November to 10th of December 2015.

- On 25th of November, the International day for Elimination of

violence against Women, “Anbeshi” a year book status and dimension of women and VAW was launched.

- WOREC organized “**Widening Knowledge: Sharing dimension and Status of Violence against Women through Anbeshi**” program focusing on youth students and teachers of different colleges

Services provided to Survivor by safe houses



from 26th November to 10th December 2015. The basic objective of this program is to share, inform and sensitize both students and teachers about the dimensions, status, relations and magnitude of Violence against Women and its adverse effects on women which are the findings of “Anbeshi”.

- As part of 16 days of activism an interactive program on “**Revisiting SAARC Convention against Trafficking to strengthen its Comprehensiveness and Effectiveness**” was organized on 30th November 2015. The program ended up forming the working group to provide recommendations to the Ministry of Foreign Affairs.
- “**Women’s Leadership Role in Recovery and Reconstruction of Nepal Post Earthquake**” was organized on December 4, 2015. Likewise, “**Women in Peace**



Building: an Interactive Program”

was organized on December 7 2015.

- WOREC organized and participated in various rallies organized at VDC, district and national level to mark 16 days of activism.

ii) Economic Social and Culture Rights Campaign

Economic, social and cultural rights campaign aims at ensuring economic and social rights of the people at grass root level conducting various programs such orientations, trainings, IEC materials and lobby and advocacy. The campaigns mainly emphasize on (I) Right to health, (ii) Right to food and sustainable livelihood, and (iii) Right to mobility.

a) Right to Health

Healthy life is a fundamental right of an individual. WOREC has been working in the field of women empowerment and women health from feminist perspective and right-based approach by emphasizing on healthy womanhood.

WOREC conducts women health and health rights awareness raising programs in all the working districts of WOREC. Among these, major health programs are being implemented at Dang, Udayapur, and Siraha districts. 13 Women Health Resource and Counseling Centers (WHRCC) including 10 at Dang, 2 at Udayapur, and 1 at Siraha are established, managed, and run by WOREC.

Management and running of women health resource and counseling centers (WHRCC):

Among the ten WHRCCs at Dang district, five were established in the year 2015. Several services such as screening of uterine prolapse and obstetric fistula, application of ring pessaries, referral to district hospitals, information/education on the prevention of different reproductive and sexual health problems, information/education on the application of locally available herbs to prevent and treat some reproductive and sexual health problems that are at early stage are provided

through WHRCCs. Within 2015, a total of 1717 beneficiaries including 148 at Siraha, 1360 at Dang, and 209 at Udayapur have been reached via one or other services provided by these counseling centers. Similarly, 102 women were referred to district hospitals and 1039 women were followed up after receiving the services at counseling centers.

Establishment and management of Information Centers at schools:

WOREC Nepal has facilitated the establishment, management, and running of twenty information centers at lower secondary and secondary schools at Dang. These information centers are equipped with different educational materials that are intended for school children including adolescent girls and boys. Every year the members of these information centers conduct various educational programs. This year a total of 5 essay competitions and 5 oratory contests were organized, where 848 students had participated.

Flagging of International Days:

WOREC has been conducting different programs each year to flag international days. A total 719 women and men participated in the program organized to flag the International Day of Action for Women's Health at different districts.



Program organized at Dang on International Girl Child Day

Health Fairs/camps:

Within the year 2015, fourteen health fairs were organized. These include 6 health fairs at Dang, 7 health fairs at Udayapur, and one health fair at Siraha. A total of 2111 beneficiaries benefitted from these health fairs. At the health fairs organized



Health fair at Siraha

at Dang, ring pessaries were applied to 122 women with prolapsed uterus and 56 women with third degree uterine prolapse were referred to district hospital for surgery. Figure: Health fair at Siraha

Community Health Clinic:

WOREC, Nepal has been running two community health clinics one each at Dang and Udayapur. These clinics provide 24 hour services. Some of the services that are provided at community health clinics are general physical check up, pregnancy test, antenatal consultation, postnatal



Community Health Clinic, Udayapur

consultation, family planning services, and immunization services. During 2015 a total of 5023 individuals including 3643 females and 1380 males were provided services at these clinics.

b) Right to Food and Sustainable Livelihood

Sustainable Livelihood program is carried out using a sustainable framework to understand the complexities and principles of poverty. The framework provides a guiding action to address and overcome poverty and becoming self-

reliant placing the rural poor at the centre of inter-related influences that affect their creativity of livelihood for themselves and their households by identifying constraints and opportunities. Bio-intensive farming, formation of eco-village and development of micro-enterprises are the concern area of right to food and sustainable livelihood program.

Bio-intensive Farming



The concept of bio-intensive farming system is based on the agro-ecological

principles of sustainable organic agriculture system and participatory rural development. A total 14935 women and men beneficiaries were reached in 2015 by various activities like orientation, trainings, Farmers Field School (FFS), interaction etc.

Eco Village

Promoting the bio intensive farming system WOREC has been aiming to transform the traditional village into an eco-village. Currently, WOREC has been working to transform 16 villages into eco-village.



Apart from these activities, a regular Veterinary services in terms of static clinic and mobile services were provided to improve the health condition of livestock and maintain increment in farm production. Altogether 9280 animals

served with Figure: Livestock vaccination medical assistance and more than 350 livestock provided vaccination services from organization's veterinary clinic and mobile clinics. The common health problem/diseases found at community

were like diarrhea, liver fluke, fever, eye infection, tympani, PPR, infertility, external parasites, cyst, anorexia, hematoma, internal parasite, external parasite, dullness in poultry, bloat, etc.

Farmers **At Udayapur**, 25 households were support with technical and fund support for building improved animal shed to members of Titribot eco villages of Bhalayadada, Tharuhat ecovillage of Hadiya VDCs and Navaudaya ecovillage.

At Siraha, 18 women members from Maitri Eco-village of Siraha district were supported with technical and fund support for building improved animal shed

At Dang, 42 community people from three eco-village of Dang district supported with technical assistance and fund support for building improved animal shed.

c) Right to Mobility: Safe Migration Program

Foreign labor migration has become one of the established livelihood trends

among Nepalese people. However, various problems, difficulties, exploitation and abuses faced by migrant workers in Nepal and destination countries remain a big challenge to overcome. To address

these issues, WOREC has been strongly advocating for ensuring right to mobility and safe migration process of people under the economic, social and cultural campaign.

WOREC believes that migration should be an informed choice and not a forced one. We were the first organization to establish safe migration information booth in Nepal in 2007. A total 16074 aspirant migrant workers including 2173 women received information related to safe migration from the upgraded **information booth** in Morang, Sunsari and Udayapur districts.

We successfully reached to more than 24,500 community people and adolescent girls and boys through community **orientations and school education program**, discussion and door to door visits.

In 2015, we provided service to 47 distressed migrant workers and their families to **access the justice**. The support includes safe house, legal counseling, psycho social counseling; travel and medical support .Out of 47, 14 of distressed migrant workers were able to get justice and necessary compensation

We have made a significant contribution through national and district level **advocacy** programs. These include the advocating gender sensitive migration policies, the ratification of C189, leading role for preparatory work on Global Forum for Migration and Development (GFMD), and lobby for the access to justice for trafficked women (a protest made in the Embassy of Saudi Arab).



Likewise, Nepal government has committed to propose SAARC member

states to revisit SAARC Convention against trafficking. A working group under the leadership of WOREC has been formed to submit recommendations to Government of Nepal. Altogether 1206 stakeholders, including 658 women, were sensitized through various lobby and advocacy activities.

(III) Human Rights and Justice Campaign

WOREC Nepal is Human Rights organization. WOREC Nepal has been advocating and organizing various campaigns to ensure women's right as human right and social justice and peace. This campaign focuses to empower women, youths and marginalized community and enhances their capacity to protect and promote Human rights and Peace from community to national level. Nepal was in transition in 2015 with political turmoil and involved in a tedious process in the promulgation of

constitution. Various series of **orientation** on Constitution, human rights, peace, justice, role of citizen etc were organized among local community, WHRD's, Survivors, Youths, Teachers, Students and other marginalized and minority groups. Altogether 6277 women and men benefited the orientations in which 4255 were women and 2022 were male.

Human Rights monitoring and documentation:

Human Rights monitoring and fact finding is one of the key activities of WOREC under Human Rights Peace and Justice campaign.

On 20 September 2015, the Constitution of Nepal was promulgated after a long struggle. The Constitution Bill was endorsed by more than two third of a Constitution Assembly (CA) members (507 out of 598 CAs) where as Madheshi Parties boycott the process. Following the promulgation of constitution, alliance of Madheshi Parties called strikes against

and started a movement. This ultimately halted the life of people creating scarcity of numerous basic things.

WOREC regularly monitored the Madhesh Movement in coordination with other Human Rights Organizations to document the cases of human right violations.

Trainings and Workshops:

5 major trainings and workshops on Gender and Social inclusion, Human Rights, Peace Justice and Leadership targeting women human rights defenders, CBOs members, staffs, and women from other marginalized groups were organized to enhance leadership capacity of community women so that they can reach to decision making level in every sector. A total 175 people attended the program among them 100 were female and 75 were male participants.

Campaigns/ Drama:

In collaboration with like-minded civil society organizations WOREC organized "Collective Campaign" for women friendly

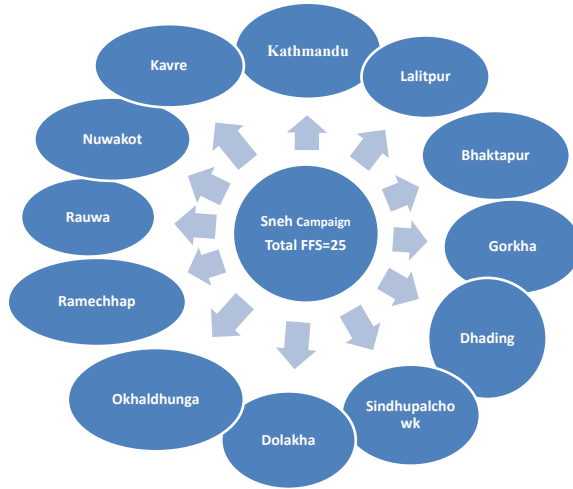
constitution. The Collective Campaign was being carried out in the street and show various demonstration like "Relay Hunger Strike", "Rally", "Whistle Blow", "Plate and Spoon rally", and "Press releases" etc to draw the attention of concerned authorities to frame women friendly constitution.

Day Celebrations:

"Human Right and Justice Campaign" celebrated in the various important days i.e. International Human Rights Day, Martyrs Day, Women Human Rights Defenders Day, International Women Labor Day, International peace day etc. These days are celebrated by accomplishing various activities such as Candle Light Vigil, Rally, Drama, Interaction, Discussion etc.

(IV) Sneha Campaign

The devastating and deadly Earthquake of 25th April, 2015 and its continuous aftershocks tolled thousands of lives



leaving millions of people injured and displaced from rural hilly areas and Kathmandu valley Nepal. Continued strong aftershocks compelled population remain outside the house. According to Nepal Police, 8,020 lost their lives, 16,033 were injured and 375 are still missing in this destructive earthquake.

WOREC had taken the lead role to reach out to the earthquake-affected communities from the third day of the disaster. Although the organization itself suffered, team members themselves were in trauma, they had lost their loved ones and their homes, they stood together

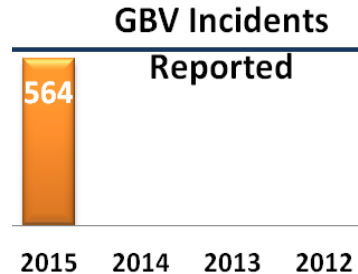
with people in need. The support work started from Kathmandu and extended to 12 earthquake-affected districts in coordination with National Alliance of Women Human Rights Defenders (NAWHRD). Since the main objective of relief work was and still continues to be with women and support them with love and compassion. It is known as Sneh Campaign ('Sneha' meaning love and compassion in Nepali). The campaign targeted women in most difficult situation, more importantly pregnant women, lactating mothers, elderly women, women with disabilities and adolescent girls. In this regard, WOREC planned and established Female Friendly Spaces (FFS) in twelve out of fourteen most affected districts by EQ declared by Nepal government with the sole motive to ensure safety and security for women and adolescent girls. These Spaces Women and adolescent girls can come at any time in these Spaces and feel safe, share their feelings and emotions, get entertained, relaxed and find way forward from



trauma of earthquake and other kind of GBV through case management and recreational services .

Various essential services during emergency like psychological first aid, psycho-social counseling, GBV case management, GBV case referrals, safe shelter, recreational activities, Dignity Kit distribution, GBV follow up and various sessions of awareness-raising and orientation program are provided through

FFS and outreach activity. Awareness-raising and orientation/ information sharing programs conducted on various topic and issues like GBV, Reproductive health, Violence Against Women, women rights, sexual health, nutrition, health and hygiene, trafficking, on available services and how to access them, risk identification and reduction etc amongst the women, adolescent girls, and children.



Through the various activities of "Sneha Campaign" WOREC reached to more than 2, 35,000 women and girls. Whereas through case management service in all FFS centers, 564 GBV cases

are documented and provided required services in identifying the need of survivors. Safe shelter, food, psychosocial counseling, psychosocial first aid, referral, medical service, security, and legal assistance were provided.

Publication

Publication is one of the major activities of WOREC. The main objective of publication is to document the evidences in printed form as a record to provide basis for evidence-based advocacy. The broader aim of publication is for facilitating the grass-root people along with CBOs, I/NGOs and GOs by providing information on different issues of food security, sustainable livelihoods, bio-intensive farming system, human trafficking, migration, health, gender and violence, WHRDs through IEC materials like reports, books, pamphlets, e-newsletter, wall charts, posters, pocket books, documentaries and factsheets. The publications made by WOREC can be obtained from both central and district offices. The list of publication for year 2015 is presented in the table below:

S.N	Name of Publications	Language
1	WOREC brochure	Nepali
2	WOREC Sticker	Nepali
3	WOREC Annual Report 2014	Nepali
4	Safe Migration Program	Nepali
4.1	Pocket Book	Nepali
4.2	Leaflet on safe migration	Nepali
4.3	Safe migration brochure	Nepali
4.4	Poster on Safe Migration	Nepali
4.5	Leaflet on ILO 189	Nepali
4.6	Leaflet on trafficking	Nepali
5	Health Program	
5.1	Leaflet on Fistula	Nepali
5.2	Saypatri episode 15	Nepali
5.3	Poster related to Health	Nepali
5.4	Sayapatri Intake Format	Nepali
5.5	Flip Chart on Health (Big size)	Nepali
6	ESCR Campaign	

S.N	Name of Publications	Language
6.1	Food security of women farmers The impact of climate change	English
6.2	Review of agriculture policies plans, implementation	English
7	VAW Campaign	
7.1	Leaflet on Violence against Women	Nepali
7.2	Hotline Leaflet	Nepali
7.3	Poster on Violence against Women	Nepali
7.4	Anbeshi Book	Nepali
7.5	Concept paper on 16 days of activism	Nepali
8	Campaign for Women friendly Constitution	Nepali
8.1	Campaign information leaflet	Nepali
8.2	Leaflet for rally	Nepali
9	Sneha Campaign	
9.1	Dignity Kit information stickers (Child, Adolescent girls and women)	Nepali
9.2	Leaflet on Sneha Campaign	Nepali

WOREC IN 2015: A Glimpse



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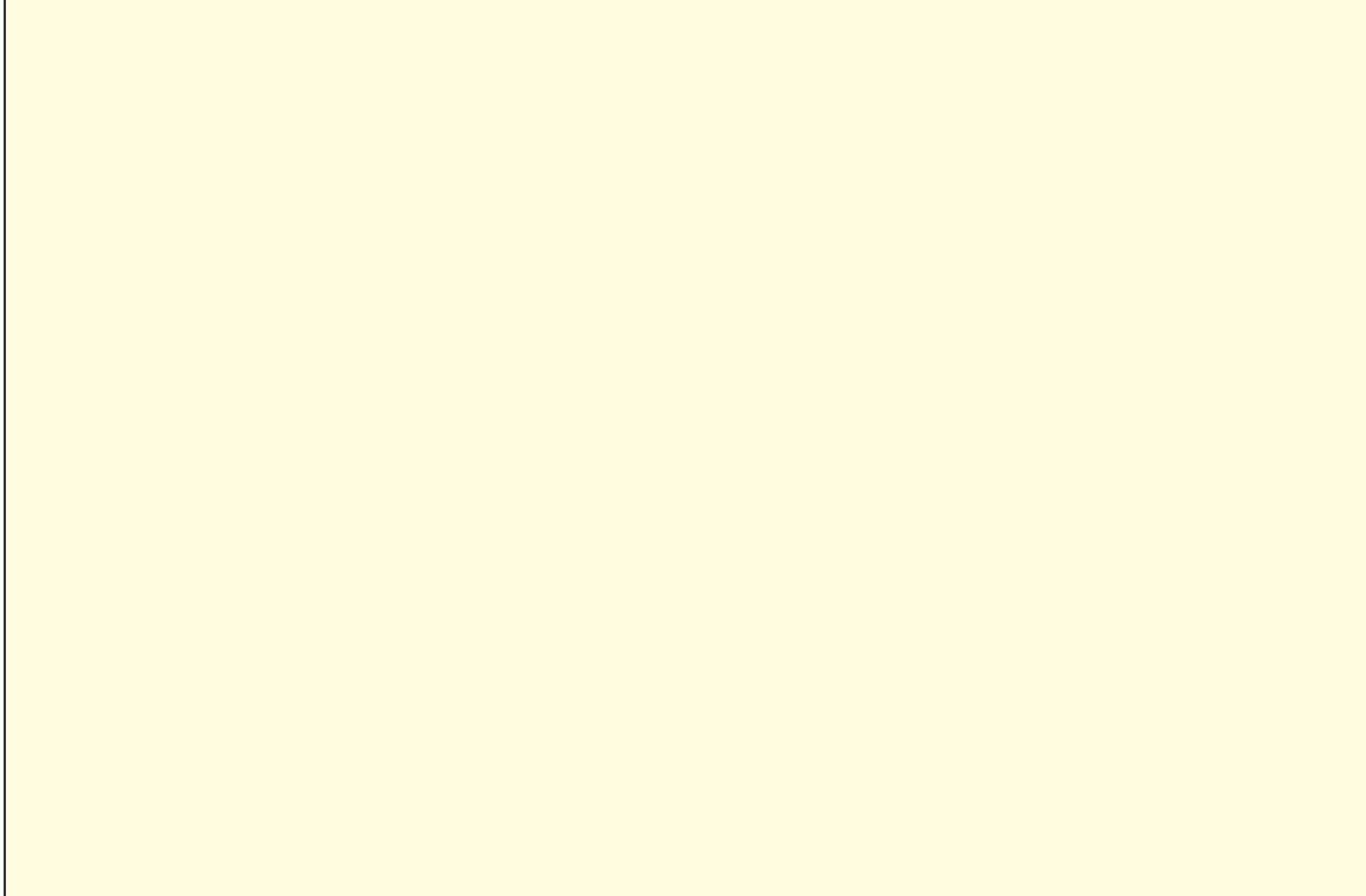


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WOREC

P.O.Box. 13233, Kathmandu, Nepal

Tel: +977-1-5006373, 1-2123124

Fax: +977-1-5006271

Email: ics@worecnepal.org

Web: www.worecnepal.org